Westmead precinct’s New Road has now been officially named Dragonfly Drive! You may have noticed the newly installed street sign when turning into the precinct from Mons Road.

The Westmead Redevelopment wishes to thank everyone who got involved in our competition to name the new road. It was the suggestion of staff to give the road an Aboriginal title which led to discussions with our local Aboriginal community to identify the most culturally relevant and appropriate name.

The freshly erected Dragonfly Drive street sign.

The name Dragonfly Drive was chosen due to the diverse mix of tribal nations within the western Sydney Aboriginal community. It was suggested by the local Elders that a universally recognised name common to all groups would be the best fit. The chosen name recognises and celebrates this cultural diversity present within western Sydney by connecting groups through the shared narrative of the dragonfly.

Why Dragonfly?

The dragonfly is seen as a cheeky ‘sticky-beak’ by many Aboriginal communities. They are inquisitive and interested in what is going on. Like bees they are cross-pollinators of plants bringing important medicinal properties from one plant to another. You could think of them as the doctors, nurses and pharmacists of our hospitals.

The dragonfly travels from different parts of the state and around Australia, so that medicines are not concentrated in one part of a region. This way all the communities have access to a range of medicines.

Dragonflies can also make people think about bringing families together and they are peaceful creatures. Joy, change and adaptability are also qualities that they hold.
National Diabetes Week 2017
9 – 15 July
Detecting diabetes early is important. This year’s focus for National Diabetes Week is diabetes detection with the theme of “It’s About Time”.
Diabetes is a major health challenge faced by people living in western Sydney. Western Sydney is a hotspot for diabetes with disease rates higher than the NSW average. If this ‘hotspot’ is not addressed, many people are going to suffer from poor health due to complications related to diabetes.
During Diabetes Week why not find out what is happening across Blacktown, Westmead and Auburn Hospitals. Visit the stalls and talk to the diabetes educators.

Health and Wellbeing Festival Recap
The first ever Western Sydney Local Health District Wellbeing festival has been a huge success!
Sell-out crowds fronted for many events – especially Zumba and laughter classes (one participant said his cheeks were still hurting from smiling a day later!).
Guest speakers Sue Langley and Dr Suzy Green gave inspiring talks about wellbeing and resilience, and there was plenty of interest in sessions about work-life effectiveness, dealing with diabetes during Ramadan, and how to get a better night’s sleep.

Here’s a recap of everything that happened in the week:
• 32 events (excluding brief health checks)
• Of those, several were booked out, including the talk by positivity expert Sue Langley, sessions on Ramadan and diabetes, sleeping well and work-life effectiveness, laughing classes at Westmead and Blacktown and Zumba and stretching classes at Auburn.
• On Walking Wednesday, the crowd at Cumberland amassed an impressive 53,920 steps collectively
• We gave out 1300 apples, courtesy of Western Sydney Diabetes

Rethink Your Drink Trial A Success!
Westmead Hospital’s Rethink Your Drink campaign trial has finished with 63% support for the removal of sugary drinks! The three-month trial was the first of its kind for a major Sydney hospital and was aimed at cutting down the consumption of sugary drinks by removing them from vending machines and retail outlets. The Population Health team also conducted a survey on the trial, gathering responses from 782 staff members and visitors.

Of those surveyed:
• 63% supported the removal of sugary drinks from sale in the hospital
• 92% agreed the hospital had a role in promoting healthier choices
• 44% increased their water consumption during the trial
• 10% cut back on sugary drink consumption

We’re planning this year’s Ride and Stride Week! Read about last year’s event here (http://www.westmeadproject.health.nsw.gov.au/project-gellery/ride-and-stride-week-2016) and let us know what you’d like to see this year! Email us at: WSLHD-WestmeadProject@health.nsw.gov.au
Highlights (January – July 2017)

- Work continues with the Consumer Reference Group on car parking, signage and wayfinding, Inpatient Unit and Inpatient Room design and layout (consumers were involved in viewing and providing feedback on the room ‘mock ups’) and the Children’s Short Stay Unit.
- Consultation sessions were held with multicultural community groups including Arabic, African, Chinese, Tamil and Afghani.
- Members of the project team met with the City of Parramatta Aboriginal and Torres Strait Islander Council to start conversations on how to make the new hospital building culturally safe and inclusive.
- Consumers and project staff attended Vivid Ideas to design ‘Our Health Future’ as part of Sydney’s Vivid Festival.
- Consumers continue contributing to ongoing Project User Group discussions including the Main Entry Project User Group, Inpatient Room, Adolescent and Young Adult Ambulatory Care zone, and the Clinical Reference Group.

Next six months:

- Consumers will be involved in the Intensive Care Waiting Room Project that will run from July through to December.
- Ongoing work on wayfinding including a wayfinding focus group during the month of July with our consulting group ID/lab.
- Meeting will be held with the City of Parramatta Aboriginal and Torres Strait Islander Council to continue conversations.
- Consumers will have the opportunity to be involved in the Westmead Arts and Culture strategy and program.
- GP’s, consumers and specialist work groups will be established to collaboratively identify and develop opportunities to support patient care into and out of acute care.

Consumer Engagement

On Saturday we said goodbye to our beloved UCrane Bolt!

With the completion of all levels of the new multi-storey car park, it’s time for UCrane to pack his bags.

The multi-storey car park will open in November 2017.
**Westmead Precinct: Parramatta North UrbanGrowth**

**Background**

Western Sydney Local Health District (WSLHD) is working closely with UrbanGrowth NSW on the Parramatta North Urban Transformation project.

In taking ownership of the site, UrbanGrowth has allocated funding for the relocation of health services from Cumberland Hospital (East Campus).

These relocations could be to existing or purpose-built facilities at Cumberland Hospital (West Campus), the Westmead precinct, other facilities in WSLHD or in the community.

**What’s happening now?**

The functional briefs (document showing model of care and how services will be delivered) and options paper for relocations will be sent to the project’s Steering Committee for discussion in July 2017.

The Steering Committee, including the Mental Health executive, will spend the next few months analysing and reviewing each functional brief before making a decision about the relocation of services.

This process will take time – the Steering Committee will look closely at the briefs and the information collected in the planning stages to assess options for relocation.

**New Ways of Working**

The relocation of health services from Cumberland Hospital (East Campus) will provide an opportunity to change the way that administration and clinical support workspaces are designed.

The philosophy of activity-based working has been adopted by Western Sydney Local Health District – the first LHD in the state to adopt this approach. It is often referred to as New Ways of Working (NWOW) but it’s really about changing the way we design our workspaces to reflect the way we work now and in the future, as technology changes and our models of care change and adapt.

Cumberland Hospital (East Campus) staff are already – and will continue to - go through consultation in preparation for their relocations. This consultation will be performed by specially trained NWOW staff from within the LHD. You’ll hear more about NWOW as we progress through health relocations in the coming years.

**Glimpse of the past**

Cumberland Hospital staff got a glimpse of the past, as well as a vision for the future on 26 May 2017, as they enjoyed an open day at the hospital to help mark National Archaeology Week.

UrbanGrowth NSW’s Parramatta North Urban Transformation project team hosted guided tours of locations across the site.

Staff got a chance to view the archaeological digs occurring on the premises, which have yielded several interesting finds, including Aboriginal skinning toll made of glass (circa early 1800s), tool-making flints, hand-made game counters and miniature porcelain dolls, clay tobacco pipes, a lined writing slate and slate pencils (circa 1868-1943) and children’s toys.

UrbanGrowth NSW is currently undertaking the first package of heritage conservation work. Archaeological investigations will continue, while current heritage building repairs will continue until early 2018.

QUESTIONS? Contact Jonathan Darwen via WSLHD-Redevelopment@health.nsw.gov.au
In February 2017, the state government announced the preferred route of the Parramatta Light Rail project, connecting Westmead to Carlingford via Parramatta CBD. This first stage of the Parramatta Light Rail project will have a two-way track, spanning 12 kilometres, and is expected to open in 2023.

The Westmead Redevelopment team is working closely with the Parramatta Light Rail team to ensure that the final route and stop locations are effectively integrated with the new central acute services building and existing facilities across the Westmead and Cumberland campuses. Information pop-ups were held in March this year at Westmead Hospital and The Children’s Hospital at Westmead to inform community members about the light rail, to receive feedback and to answer questions.

In the coming months, the project’s Environmental Impact Statement will be released for comment by the Department of Planning and Environment. The Westmead Redevelopment team and the Parramatta Light Rail team will continue to consult and update community members about the project.

The Parramatta Light Rail is just one part of a much broader transport and access plan for Westmead, which includes supporting greater public transport use, improving cycleways and walkways and increasing car parking.

Major construction work is expected to commence in 2018. Visit the Parramatta Light Rail website at www.parramattalightrail.nsw.gov.au for more information.

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**Reminder: Upgrade to Westmead Hospital Lifts**

From July 2017, critical service upgrades to the lifts in A/B block at Westmead Hospital will begin.

- This work is part of the Capital Works upgrade program and is expected to extend into 2018.
- While this work is being undertaken, some lifts will be out of service.
- Signage will be in place to direct patients, visitors and staff to appropriate lifts.
- Service lifts will be used for patient transfers to ensure inpatients can travel safely and quickly between floors.
- We apologise for any inconvenience during this time and thank you for your patience as we upgrade important infrastructure across Westmead Hospital.

QUESTIONS? Contact the Westmead Redevelopment team on:
- 1800 990 296
- WSLHD-WestmeadProject@health.nsw.gov.au

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**Westmead Precinct Initiatives: Parramatta Light Rail**

![Artist’s impression of the Parramatta Light Rail at Telopea.](image)

Westmead Hospital Refurbishment Program

Westmead Hospital is currently undergoing a refurbishment program as part of the Westmead Redevelopment project. Over 30 per cent of clinical areas in Westmead Hospital will be refurbished between 2017 and 2022.

Read more on our website: westmeadproject.health.nsw.gov.au/projects/refurbishments

What’s happening this week?

The Westmead Hospital refurbishment program continues and includes:

- A3a - refurbished clinical area on level 3 of block A
- The first non-clinical new ways of working space located on level 3 of the Oral Health building (called the O3Hub)
- Westmead Education and Conference Centre (WECC) - level 1

Disruptions this week: Expect general noise and deliveries around all of the work sites.

A3a fit-out work in July

- **Partition walls** - The walls have been erected and painting has begun.
- **Service installation** - Installation of services including water, power, medical gases and mechanical units.
- **Doors** - Installation of new smoke door.
- **Flooring** - Concrete floors being levelled through the area in preparation for the installation of new vinyl.
- **Wet area preparation** - Waterproofing of wet area surfaces.
- **Pneumatic tube system** - Reconnection of A3a’s pneumatic tube system.
- **Electrical infrastructure** - Upgrades to electrical infrastructure that will service the department.
- **Air handling unit** - Replacement of the air handling unit which will service A3a and other wards.

Construction Update: In the News!

The Westmead Redevelopment was on Channel 9 last Monday, 3 July! The two-minute feature included an interview with Prof. Jeremy Chapman (Deputy Chair, Western Sydney Local Health District).

See the full clip [here](https://www.facebook.com/WesternSydneyHealth/videos/1921401508129093/) and watch the full time-lapse of the Newborn and paediatric Emergency Transport Service (NETS) demolition [here](https://www.youtube.com/watch?v=nuLlhz184No).
What does New Ways of Working mean to you?

“Typically clinical patient safety and quality has worked in a different universe to finance. Working together and sharing resources means we can communicate with each other and collaborate in an entirely new way.

It will facilitate idea generation, support, and optimal team function that flows onto new ideas, new prototypes, and a new sense of pairing when it comes to value, efficiency, resourcefulness, and safety.”

**Luke Sloane, Director | Clinical Governance**

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**Westmead Education and Conference Centre (WECC)**

The construction phase of WECC level 1 is nearing completion.

Upcoming works:

- Installation of acoustic ceiling panels
- Constructions of tiered cabaret theatre
- Construction of access ramps
- Carpet laying

Installation of furniture, fittings and equipment will commence in the beginning of August, with handover to the University of Sydney expected in the middle of August.
Construction continues of the first non-clinical New Ways of Working space on level 3 of the Oral Health building — now known as O3Hub.

The A3a refurbishment works continue with ongoing disruption in and around the area including level 2, 3 and access to and from the loading dock. See the refurbishment page for more information.
Precinct Works

Areas under construction

Car parks currently available* for Westmead Hospital staff

*Major changes to parking will continue throughout 2017. We will provide information about future changes in the weekly Westmead Redevelopment project update.

Traffic control is in place to manage access to the loading dock. These works will last approximately six weeks.

There is alternate building access into the Kids Research Institute until September 2017. Signage is in place.